

Critical Incident Stress Management Training

When something terrible happens, the people who show up first need people around them who know what to do next. CISM training gives your team that foundation, with skills they can actually use on the next call.

— *Certified training. Practical skills. Stronger crisis response.*

TAUGHT BY AN ICISF APPROVED INSTRUCTOR

Official ICISF courses, taught locally.

Shea Marie Phinney, LMFT, is an ICISF Approved Instructor with more than 25 years of clinical experience in trauma treatment, critical incident response, and first responder mental health. She teaches official ICISF courses, and participants who complete the course requirements receive an ICISF certificate of completion.

25+

years in trauma treatment and critical incident response

1

ICISF Assisting Individuals in Crisis

Learn to recognize when someone is in psychological distress and give them structured, one-on-one crisis support.

4

Leadership & Command Consultation

Helping supervisors and agency leaders support their people before, during, and after a critical incident.

2

ICISF Group Crisis Intervention

Group crisis intervention principles, defusings, Critical Incident Stress Debriefings (CISD), and how to follow up the right way.

5

Customized Agency Training

Training built around what your agency is facing, like cumulative trauma, operational stress, psychological readiness, burnout, resilience, and crisis response.

3

Peer Support Development

Stronger skills for supporting coworkers: intervention, communication, boundaries, and the confidence to step in.

Bring a Course to Your Team

Reach out to learn about upcoming ICISF courses, pricing, and training built for your agency.

Where Resilience Meets Rhythm.

Built for first responders, peer support teams, chaplains, healthcare professionals, mental health providers, and organizational leaders.



Shea Phinney, LMFT

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